

H1 Turn Your Bathroom into a Self-Care Destination

A luxurious bathroom remodel is more than aesthetics. Bathrooms are where we practice good hygiene, take our medicine, and enjoy a nice long soak in the tub. They're a place for restoration and relaxation.

The average person spends at least 60 minutes in their bathroom each day. Why should it be cold and boring?

H2 Turn "blah" into spa...

Whether you're trying out the "Everything Shower" trend or want greater ease and comfort in your daily routine, a spa-like bathroom can help you prioritize self-care and personal hygiene.

Your bathroom should be a place to de-stress, refresh, and clean up.

- Regular baths may help relieve depression and anxiety even more than exercise.[1]
- Cold showers help boost circulation and reduce blood pressure, while hot showers promote muscle relaxation. [2]
- The average toilet seat has more than 200,000 colony-forming units of bacteria [3] – but faucets and door handles often have the most germs. [4]

A bathroom remodel can help you focus on your health in a soothing, hygienic space.

H2 Top Bathroom Trends This Year

Here's how homeowners are going beyond the basics with bathroom remodels.

H3 Smart-Home Features

Voice-activated or app-controlled shower temperature and water flow

Automatic shower timing

Self-cleaning toilets

H3 A Spa-Like Atmosphere

Zero-entry showers with frameless shower doors and bench seating – *great for Aging-in-Place remodels!*

Deep-soaking bathtubs

LED mood lighting

Music speakers

H3 Every Germophone's Dream Come True

Automatic faucets

Toilets with touchless flush – *great for ADA-compliant remodels*

H3 Biophilia (love of nature)

Rainfall showerheads

Wood and stone features

Water-saving features (touchless faucets, smart showers)

H3 Comfort and Convenience

Backlit mirrors to make you feel like a star

Vanities and countertops designed for your style and needs

Built-in shower storage

High-tech toilets with heated seats and bidets

H2 Is there a bathroom remodel company near me?

We're glad you asked. If you live in Florida, especially in Alachua County, Marion County, or surrounding areas, you should contact the experts at Straight Line Construction today.

Meet your construction concierge:

[insert Straight Line Construction logo]

We help you love where you live.

Call or text us for a FREE consultation

352-453-9609

7 days a week

[footer]

[1] Why a daily bath helps beat depression - and how to have a good one. (2018, Oct. 23) The Guardian.

[2] Cold Showers vs. Hot Showers: Which One is Better? (2023, Mar. 2023) Healthline.

[3] How To Cut Down On The Germ And Bacteria In Your Bathroom. (2022, Dec. 26) Henry Ford Health.

[4] The Germiest Place in Your Bathroom Isn't Your Toilet. (2019, April 25) Time Magazine.